zondag 31/jul	BEN J	BEN M	PUP J	PUP M	MIN J	MIN M	zondag 31/jul
09.00 u	Ver 1	Ver 1	Ver 2	hoog/2	Ver 2	hoog/1	09.00 u
15							15
30							30
45							45
10.00 u	hockey/2	hockey/2	kogel		kogel		10.00 u
15							15
30							30
45							45
11.00 u				kogel		speer/2	11.00 u
15					80		15
30							30
45						80	45
12.00 u	60	60	60	60	speer/2		12.00 u
15						kogel	15
30							30
45							45
13.00 u							13.00 u
15							15
30	600	600					30
45			1000	1000			45
14.00 u					1000	1000	14.00 u
15							15